



Fall Intensive

Session I: September 12 to October 17

Session II: October 24 to November 28

Immerse yourself in 6 weeks of yoga (as practice, meditation and walking)
Transform your lifestyle
Transform yourself!

*Timeless methods used to support you in establishing and
maintaining a consistent, regular yoga practice.*

Yoga School of South County
Peace Dale Office Building
1058 Kingstown Road
Peace Dale

Fee includes 6-week open enrollment to all YSSC classes *plus* weekly Walking classes,
weekly group support meetings, and a YSSC yoga journal.

\$100/\$110*

* \$100 for South Kingstown Residents (SK Parks and Recreation Program)/\$110 Non-Residents